

# Internal quality assurance cell and Dept. of Chemistry

Title of the Event Faculty Development Programme on "Importance of

mediation in our life & education"

Date 05/08/22, Friday

Time 2.00 pm

Venue Seminar hall

Invited guest Mr. Vivek Sharma

Director, Om shanti Aadhyatmik Sangrahalaya,

Rajim, (C.G.)

Organizer Dr. Madhurani Shukla

HOD, Dept. of Chemistry

Co-ordinator IQAC

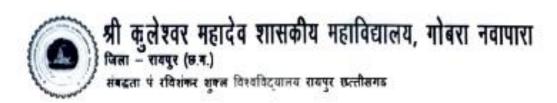
No. of Participants 36

## **Event Report**

The objective of conducting this Faculty development programme (to faculties of SKM Govt. College Gobra-Nawapara and Govt. Naveen girls college, Nawapara), is to enhance the knowledge for mediation and it's importance in our life and education. The director of Om shanti Aadhyatmik Sangrahalaya had delivered a lecture on life skill management, reduction of stress level, anxiety, reduce age related memory loss etc. They beautifully describe the self awareness and positive outlook on life to overcome the job stress and better relationships.

These program organized by IQAC and Dept of Chemistry. Invited guest is Mr. Vivek Sharma, Director, Om shanti Aadhyatmik Sangrahalaya, Rajim, (C.G.) and their team members. Overall the session was successful.

Dr. Madhurani Shukla Coordinator IQAC HOD Dept. of Chemistry



### Notice

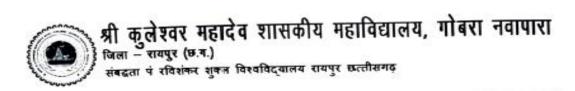
This is to inform you that our college is going to organize a one day 'Faculty Development Programme' on "Importance of Meditation in Our Life & Education". We cordially invite you all on 05/08/22 at 2:00 pm in seminar hall. Waiting for your auspicious presence.

With best regards

Dr. Madhurani Shukla

IQAC/Department of Chemistry

Principal
PRINCIPAL
Shri Kuleshwar Mahadev
Govt. College, Gobra Hewspers
Dist. Ralpur (C.G.)



Was क्रमांक 476

Date: 01/08/22

#### Invitation

To,

#### Mr. Vivek Sharma

Lecturer, Govt. Girls Higher Secondary School, Rajim Director, Om Shanti Aadhyatmik Sangrahalaya, Rajim

We are pleased to inform you that our college is going to organize a one day 'Faculty Development Programme' on "Importance of Meditation in Our Life & Education". We cordially invite you on 05/08/22 at 2:00 pm for delivering a lecture in our campus. Waiting for your auspicious presence.

With best regards

Dr. Madhurani Shukla

IQAC/Department of Chemistry











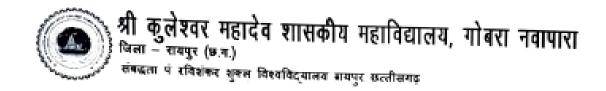












# APPRAISAL LETTER

Date: 05/08/2022

To, Mr. Vivek Sharma Director, Om Shanti Aadhyatmic Sangrahalaya Rajim C.G. Lecturer, Govt. Girls Higher Secondary School, Rajim, C.G.

Dear Sir.

On behalf of our College, Shri Kuleshwar Mahadev Govt. College (Gobra) Nawapara Raipur (C.G.), we wanted to express our appreciation to you as Resource person of "One Day Seminar on Improtance of meditation in our life and education".

We appreciate your talks on benefits of meditation in education system. Once again, thanking you for making the seminar successful. We wish your triumphant and bright future ahead.

With best regards.

IQAC Incharge/Dept. of Chemistry,

Dr. Madhurani Shukla

Shri Kuleshwar Mahadev Govt. College Nawapara, Raipur-C.G.

Principal,

Shri Kuleshwar Mahadev Govt. College Nawapara, Raipur-C.G.